

This book will show you how to recognize opportunities for personal and professional growth, define commitments to yourself and keep them, develop greater self-confidence and self-awareness, and understand the power of your feelings, moods, and reactions. It is possible for you to develop your own approach to learning and excel without the benefit of a formal coach. By developing self-coaching skills, you will empower yourself by creating new possibilities for growth for yourself and your organization.

The Year of the Trout, Living With Books, Passionaries (The Blessed), Trends in Chemical Consulting, Buying Time: The Delayed Crisis of Democratic Capitalism, Creative Careers in Crafts, The Sacred Gaze: Religious Visual Culture in Theory and Practice, Die Schönen Namen (German Edition),

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