

Management of Eating Disorders



Introduction The RTI International University of North Carolina at Chapel Hill Evidence-based Practice Center (RTI-UNC EPC) conducted a systematic review of the literature on key questions concerning anorexia nervosa (AN), bulimia nervosa (BN), and eating disorders not otherwise specified (EDNOS) (focusing on binge eating disorder [BED]) to address questions posed by the American Psychiatric Association and Laureate Psychiatric Hospital through the Agency for Healthcare Research and Quality (AHRQ). Funding was provided by AHRQ, the Office of Research on Womens Health at the National Institutes of Health, and the Health Resources and Services Administration. We received guidance and input from a Technical Expert Panel (TEP).

We systematically reviewed the evidence on two categories of issues: treatment and outcomes for AN, BN, and BED in six key questions (KQs): (1) efficacy of treatment, (2) harms associated with treatment, (3) factors associated with the efficacy of treatment, (4) whether efficacy of treatment differs by sex, gender, age, race, ethnicity, or cultural group, (5) factors associated with outcomes, and (6) whether outcomes differ by sex, gender, age, race, ethnicity, or cultural group. AN is marked by low body weight, fear of weight gain, disturbance in the way in which ones body size is perceived, denial of illness, or undue influence of weight on self-evaluation. Although amenorrhea is a diagnostic criterion, it is of questionable relevance. BN is characterized by recurrent episodes of binge eating in combination with some form of compensatory behavior. Binge eating is the consumption of an uncharacteristically large amount of food by social comparison coupled with a feeling of being out of control. Compensatory behaviors include self-induced vomiting; misuse of laxatives, diuretics, or other agents; fasting; and

excessive exercise. BED is marked by binge eating in the absence of compensatory behaviors, a series of associated features of binge eating, and marked distress regarding binge eating. Overweight and obesity are commonly seen in individuals with BED. Although rigorous epidemiologic data are lacking in the United States, the mean prevalence of AN is 0.3 percent, of subthreshold AN 0.37 percent to 1.3 percent, of BN 1.0 percent, and of BED 0.7 percent to 3.0 percent. Mortality from AN is about 5 percent per decade of followup. Treatment for severe AN can involve inpatient or partial hospitalization in costly specialized settings. Inadequate insurance coverage often truncates the recommended duration of treatment. Treatment costs for AN are higher than those for obsessive-compulsive disorder and comparable to those for schizophrenia. In contrast, treatment for BN in the United States is typically on an outpatient basis.

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Treatment & Management of Eating Disorders Psych Central The Inpatient program at Eating Recovery Center supports adults that are acutely ill & experiencing instability as a result of their eating disorder. Learn more. **NIMH Eating Disorders: About More Than Food** Are you struggling with an eating disorder? These treatment and recovery tips can help you overcome anorexia and bulimia and gain true self-confidence. **Anorexia Nervosa Treatment & Management: Approach** Mar 26, 2014 Research on the treatment of eating disorders is exploring how different treatments can be helpful for different types of eating disorders. **Treatment and management of anorexia nervosa - Eating Disorders** Castlewood Treatment Center in St. Louis provides effective, compassionate, and highly respected eating disorder treatment for men and women. Contact us! **Eating Disorders Self-Help & Recovery Tips - Eating Disorder Hope** Several types of treatment centers and levels of care are available for treating eating disorders. Knowing the terms used to describe these is important because **Identification and Management of Eating Disorders in Children and** Levels and Types of Eating Disorder Treatment The severity of the eating disorder and any co-occurring disorders will determine the initial treatment level you or **Eating Disorders Treatment - Eating Disorder Hope Nutrition Intervention in the Treatment of Eating Disorders Eating Disorders: Causes, Symptoms, Signs & Treatment Help** DISORDERS. Critical Points for Early. Recognition and Medical. Risk Management in the. Care of Individuals with. Eating Disorders. AED REPORT 2012. **Eating disorder treatment: Know your options - Mayo Clinic** for eating disorders can be found in the American Dietetic. Association (ADA) Position Paper Nutrition

Intervention in the Treatment of Eating Disorders (2). **Castlewood Eating Disorder Treatment Center** Apr 19, 2014 In order to help you or your loved one simplify the process of searching for an eating disorders treatment center, Eating Disorder Hope has **Identification and Treatment of Eating Disorders in the Primary Care** Jul 29, 2014 Eating disorder treatment Options include counseling, education and medication. Find out what works. Abstract. The incidence and prevalence of eating disorders in children and adolescents has increased significantly in recent decades, making it essential for **Clinical Report Identification and Management of Eating Disorders** Eating disorders, which are associated with a host of adverse medical morbidities, negative psychological sequelae, and considerable reductions in quality of **Practice Guideline for the Treatment of Patients With Eating Disorders** Abstract. The incidence and prevalence of eating disorders in children and adolescents has increased significantly in recent decades, making it essential for **Treatment National Eating Disorders Association** Nutritional rehabilitation along with some form of re-educative psychotherapy remains the mainstay of management of anorexia nervosa. In bulimia nervosa **Eating Disorders Treatment Centers, Facilities & Clinics in Florida** Other symptoms can become life-threatening if a person does not receive treatment, which is reflected by anorexia being associated with the highest mortality **Management of Eating Disorders - Maudsley Parents** Anorexia nervosa is difficult to treat because of the shame, denial, and lack of insight concomitant with the disorder. Medical management is directed toward **Management of anorexia and bulimia nervosa: An evidence-based** Number 135. Management of Eating Disorders. Prepared for: Agency for Healthcare Research and Quality. U.S. Department of Health and Human Services. **Eating Disorder Therapies & Treatment Types** People living with eating disorders often have a difficult road ahead of them. Unlike other mental health concerns, eating is a necessary bodily function in. **Treatment & Management of Eating Disorders Psych Central** Eating Disorder Treatment Program Options. Someone suffering from an eating disorder has an unhealthy relationship with food that is interfering with many **Treatment - Academy for Eating Disorders** May 1, 2017 What is an Eating Disorder? Eating Disorders describe illnesses that are characterized by irregular eating habits and severe distress or **Eating Disorder Treatment and Recovery: How to Overcome Your** Eating disorders are serious bio-psychosocial conditions. Treatment must focus on the biological/medical, mental, and environmental aspects of the illness. **Treating Eating Disorders Anorexia and Bulimia Treatment** Jun 20, 2016 Eating disorders are very complex diseases that can have severe physical and emotional consequences if left untreated. For this reason, it is **Treating an Eating Disorder National Eating Disorders Association** The most effective and long-lasting treatment for an eating disorder is some form of psychotherapy or counseling, coupled with careful attention to medical and **Securing Eating Disorders Treatment National Eating Disorders** Since Floridas plentiful resources and desirable locale often attract individuals seeking care from out-of-state, many treatment centers statewide provide housing **Pharmacological Treatment of Eating Disorders - NCBI - NIH** Introduction. Eating disorders continue to be one of the most important disorders affecting a significant proportion of adolescents and young adults. **AED REPORT 2012 2nd EDITION - Academy for Eating Disorders** The most effective and long-lasting treatment for an eating disorder is some form of psychotherapy or psychological counseling, coupled with careful attention to medical and nutritional needs.